		М	Т	W	Т	F	S	S
	6.00	9 max (25m)	7 max (25m)	6 max (25m) 8 max (25m)	12 max (25m)	8 max (25m)	CLOSED	
	6.30							
	7.00					9 max (25m)		
	7.30	8 max (25m)	16 max (25m)	16 max (25m)	16 max (25m)	16 max (25m)		
	8.00						3 only (50m)	15 max (25m)
	8.30							14 max (25m)
	9.00	8 max (25m)	8 max (25m)	8 max (25m)	8 max (25m)	8 max (25m)		13 max (25m)
Off-Peak Membership Hours (Week Day)	9.30							12 max
	10.00						5 max (50m)	(25m)
	10.30							13 max
	11.00							(25m)
	11.30	12 max (25m)	12 max (25m)	12 max (25m)	12 max (25m)	12 max (25m)		12 max (25m)
	12.00						BOOM MOVEMENT	15 max
	12.30						15 max (25m)	(25m)
	1.00						11 max	11 max (25m)
	1.30							
	2.00							
	2.30					47	(25m)	
	3.00	16 max (25m)	(25m)	16 max (25m)	16 max (25m)	16 max (25m) 10 max		
	3.30	6 max (25m)	9 max (25m)	9 max (25m)	10 max (25m)	(25m)		
	4.00	3 min (25m) 7 max	3 min (25m) 12 max (25m) 16 max	3 min (25m) 12 max	3 min (25m) 7 max	3 min (25m) 6 max (25m)	15 max (25m)	10 max (25m)
	4.30							
	5.00							15 max (25m)
	5.30							
	6.00							
	6.30	(25m)		(25m)	(25m) 9 max	(25m)		
	7.00	8 max (25m)		8 max (25m)	(25m) 11 max	16 max (25m)	CLOSED	
	7.30		(25m)	(2011)	(25m)	(23111)		
	8.00							

Typical Winter Scheduling

Public Holidays will affect Opening Hours