Strong and cohesive communities rely on good neighbour relationships

Most people define 'neighbours' as those people who live nearby and they relate to face-to-face.

Being a good neighbour means investing a little of your time in getting to know the people living around you, for your benefit as well as others.

Are you a good neighbour? A good neighbour will...

1. Communicate with people living around them
   - Touch base regularly with your neighbours, acknowledge them.
   - Introduce yourself if you have just moved in.
   - Make new neighbours feel welcome.
   - If you are planning to do something that may affect people living around you, let them know in advance. Take their feedback into consideration.

2. Consider other people's lifestyle
   - Ask your neighbour what they do for a living and what their schedules might be like.
   - Give your neighbour information that will assist them to be more considerate of your lifestyle and thus avoid issues before they arise.
   - Control the noise you make, for instance barking dogs and loud music.

3. Help others
   People who know their neighbours are more likely to help each other in an emergency. Knowing your neighbour before disaster strikes makes it easier for you to assist them. Having supportive neighbours during times of hardship allows you to recover faster and cope better.

4. Celebrate the community
   Take the time to celebrate the place you live in. Your contribution to your community is well worth the reward!
   - Participate in or create your own neighbourhood community project.
   - Get involved with the Meet the Neighbours Project to learn more about how to initiate small community events around you.

Visit www.launceston.tas.gov.au to check for ideas or incentives to help you build good neighbour relationships.

For more information please call the our Customer Service Centre on 03 6323 3000 or email contactus@launceston.tas.gov.au

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THE GOOD NEWS

Being prepared is everyone's business

We may not have the ability to avoid the occurrence of a disaster but there is plenty WE CAN DO NOW to lessen the effects of natural disasters and ensure our quick recovery post disaster.

The things we can do are simple, easy and most of all, they are ENJOYABLE!

THE BAD NEWS

Disasters will happen

No one wishes for them, but disasters do happen. In Australia, their number has increased over the last few years. We have not had any major disasters in Launceston recently but that doesn't mean that one will not happen in the future...

Disasters are inevitable, unpredictable and significantly impact communities and the economy.

The role of emergency services such as SES, Police, Fire Service or Red Cross is to:
- Prepare communities and mitigate disaster - pre-disaster.
- Alert communities and respond to emergencies - during disaster.
- Assist in infrastructure repairs and support communities in their recovery - after disaster.

Did you know? People who form good social relationships with friends, neighbours and family live better, are healthier and feel safer. At times of disaster, these special relationships may be the most valuable resource left.

EVEN BETTER NEWS

Connected communities are resilient communities

Good neighbour relationships come in handy at times of personal hardship or emergency.

Ideally you should feel you know your neighbours well enough to work together to, for instance, combine resources at times of need (e.g. secure alternative source of electricity, water, food, tools and/or life skills).

If you feel you do not know your neighbours well enough, build relationships that could be beneficial in case an emergency situation arises.

So why not get to know each other BEFORE disaster strikes?

Here are a few simple ideas:
- Give excess lemons from your tree to your neighbours.
- Swap mail collecting and pet feeding when you go away.
- Offer to go grocery shopping for someone in need.
- Invite your neighbours for an informal BBQ or morning coffee.
- Share a bike ride or a walk before or after work with a colleague, friend or neighbour.
- Exchange skills (piano lessons for baby sitting, weeding for dinner, etc).
- Organize a street garage sale.