



Mowbray ABCDE Learning Site Community Newsletter SEPTEMBER 2019



Welcome to the City of Launceston's second edition of the Mowbray ABCDE Learning Site Newsletter.

These newsletters are produced to keep those who live in, work in, and enjoy Mowbray informed about the Learning Site. ABCDE (Asset Based Community Driven Effort) Learning Sites enable a community to identify their assets, build connections and create change in the heart of the community. The approach is about focusing on 'what's strong, not what's wrong' and taking the time to build trustworthy and lasting connections.

A really important part of the Mowbray Learning Site was the Community Workshop with Peter Kenyon from Bank of I.D.E.A.S in July. Over 40 community members discovered Mowbray's assets, shared their Big Ideas for Mowbray and learnt ways to work together to make positive change throughout the community. Alongside this workshop we have delivered workshops at Mowbray Heights Primary School, Launceston Church Grammar School and UTAS. There have been a lot of learning opportunities in the Learning Site.

It is beneficial to see how the Council is engaging members of the community to drive projects. This level of authentic engagement and immersion will result in meaningful change.

From Community Workshop participants.

Sarah McCormack, Community Connector - Mowbray Learning Site, attended the annual Power to the People conference in Canberra in August. The conference was organised by Bank of I.D.E.A.S and Communities at Work this year with over 100 community development workers from across Australia, New Zealand and Japan attending. The two day event featured key note speakers and skills workshops from those who have made significant changes through asset based community development work. Some of the key learnings that Sarah has brought back with her involve innovative ways in which communities are striving to create a sense of belonging and connection through social inclusion and new initiatives. These will provide her with more tools to connect and inspire people to try their ideas and take risks.

LEARNING SITE HIGHLIGHTS

A highlight of the Learning Site is the immediate benefit of new connections being made. A great example of this is the increase in conversations taking place within the community. Recently, a local community member mentioned to Sarah that they wanted to see a safe place for young people to play basketball in Mowbray. From this conversation, Sarah was then able to chat with a community member who gained the approval needed to use existing resources to make this a reality.

After the many community conversations and workshops in Mowbray, a lot of valuable data has been collected. This includes what our community see as current assets within Mowbray, along with new ideas for the suburb.

This feedback can be implemented by the community with Sarah's support throughout the next 9 months and beyond by the community. There are so many passionate locals who love Mowbray and care about the growth of the suburb. Project planning is underway, and we welcome you to be involved in the process.

To reconnect with people you met at a workshop and chat about the Learning Site projects underway, we are hosting a regular six-weekly event in Mowbray called 'BUILDER TIME'. The Builders are important people in the community who drive projects and programs. If you are involved in a Mowbray Learning Site project, or would like to hear about what's happening and get involved - join us!

BUILDER TIME at New Horizons Club

- 292/294 Invermay Road
- Wednesday 2 October, 2019
- 3.30 pm - 5 pm
- Refreshments provided

Please RSVP to Sarah by Friday 27 September.

If you would like to host the next BUILDER TIME in mid-November, chat with Sarah.

WORKSHOP WRAP UP



Left to right: Launceston Church Grammar School Prefects join Peter Kenyon at the Mowbray Community Workshop

Over the past few months many people have come together to participate in the ABCDE Learning Site workshops. There has been a record amount of Learning Site workshops due to the level of interest and size of Mowbray.

Peter Kenyon from Bank of I.D.E.A.S, came to Launceston for the very important Community Workshop on 22 July and for two workshops with Grade 5 students from Mowbray Heights Primary School and a workshop with Launceston Church Grammar School. Sarah now facilitates Learning Site workshops. Together with Laura Cowley, University Social Work Placement Student with the City of Launceston Community Development team, Sarah facilitated a Grade 5/6 Launceston Grammar student workshop.

Sarah has delivered staff and student sessions at UTAS and will take a workshop at AVEO Mowbray Links Retirement Village. These workshops teach people about the Learning Site approach whilst giving participants the opportunity to contribute to

Mowbray's Asset Map and Big Ideas for Mowbray. A total of 200 people will participate in eight workshops from an age range of 11 - 80 years.

Mowbray in 12 Months

Participants split into groups of five in the Peter Kenyon workshops and brainstormed what they would keep, change, drop and start in Mowbray in 12 months time. Each person was then given six sticker dots to vote on their favourite options. The most popular ideas are:

KEEP

- Housing
- Friends
- Multiculturalism
- Fast food
- Homeless shelter
- Charity shops
- Community pride
- Retail
- Community house

CHANGE

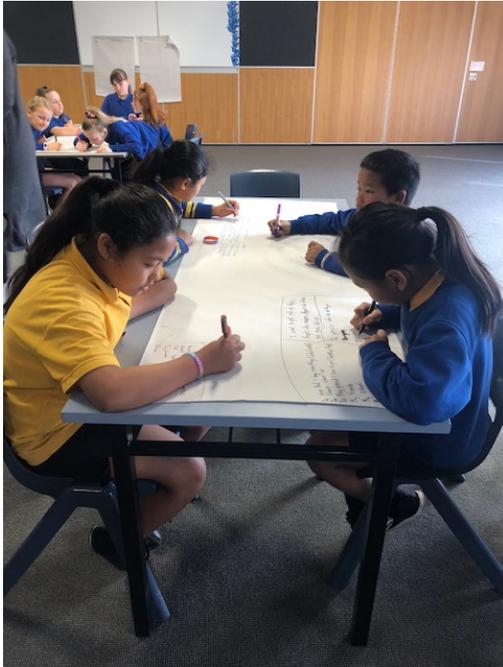
- Amplify multiculturalism
- Walking and riding tracks
- Running track
- Skate park
- Improve main street
- Healthier food options
- Make more vibrant/modern
- Traffic free zone
- Train line

DROP

- Reduce crime
- Unfriendly people
- Litter
- Robberies
- Bullying
- Smoking
- Ugly buildings
- Needles
- Rubbish in the Salvo bins

START

- Community space
- More greenery
- Parks with equipment
- Attractive place for young people
- Fix traffic congestion
- Food festival
- Basketball
- Theme park
- Police station



Left to right: Grade 5 students from Mowbray Heights Primary School and from Launceston Church Grammar School

MOWBRAY ASSET MAP

"You don't know what you need, until you know what you've got"

Peter Kenyon

MOWBRAY LEARNING SITE ASSET MAP

These assets have been identified by people who live, work and enjoy Mowbray and there are many more assets in Mowbray.

To add more assets Contact Sarah McCormack, Community Connector - Mowbray Learning Site via 0428 109 948 or sarah.mccormack@launceston.tas.gov.au

People's Passions, Skills, Wisdom and Experience

- Angela Cantren
- Best Friends
- Bi-lingual opportunities
- Breakfast Club LCGS
- Builders
- Bus drivers
- Butcher
- Carers
- Charity
- Chinese food workers
- Corni Bryce
- Courts
- Dad
- Daniel Coale
- David Boon
- David Warren
- Denise Delphin
- Doozy Rogers (Plane)
- Doctors
- Dr Harry
- Ebony T
- Family
- Fast food workers
- Fire man
- Friends
- Game shop staff
- George Bailey
- Government
- Health food shop guy
- Hungry jacks workers
- International students
- Jackie Corn
- Ivan Dean
- Jodie Abbott
- John Kedy
- Kids
- Kim
- Leanna V
- Lily
- Lucy, Belinda, Wendy, Cilla
- Mayor
- Mindy
- Mrs. Sheedy
- Mrs. Simes
- Multicultural community
- Mum
- My brother
- Myself
- Nani and Pop
- Naid Maynard
- New students that we welcome
- North Launceston
- Parents
- Peter B James
- Police
- Principal
- Rev. Graydon
- Mr. Hall (breakfast club)
- Richard Soule
- Ricky Ponting
- Rolea
- Ross
- Salvation Army
- Sarah McCormack
- Shop employees
- Shop owners
- Siblings
- Sports teacher
- Sports (Mowbray Primary)
- Teachers
- Vet
- New students that we welcome
- Volunteers and staff of organisations and businesses
- Young people

Institutions

- Able Australia
- AFL
- Agel Care Home
- Australian Maritime College
- Baptcare
- Bowls club
- Breakfast Club (Mowbray Primary)
- Charity shops
- Chemist
- Child care
- Church
- City of Launceston (Council)
- City of Mission
- MRC Childcare
- Coles
- Cricket shield
- Defence Force
- Dentist
- Doctors
- Dog and cat shelter
- Dover St Neighbourhood House
- Dr Hampson
- Friends
- Golf club
- Home
- Hungry jacks
- Immunisation Clinic
- KFC
- Kindergarten
- LCGS (Launceston Church Grammar School)
- Library (UTAS)
- Macca's
- Migrant Centre
- Mowbray Heights Primary School
- NDIS
- Neighbourhood
- New Horizons
- Next door neighbours
- Oly shops
- Oral Health Service
- Pathology
- House
- Police
- Friends
- Back cars
- Salvation Army
- Shops
- Soccer
- Social housing
- Sport n State
- Subway
- Supermarket
- TACCA
- TAFE
- Teachers
- Tip
- Tipstrip
- UTAS
- Vet
- Vinnies
- Woolies
- Youth

Social Networks

- After school care
- Anglican CFC Mowbray
- Basketball
- BIK
- Bowls Club
- Breakfast Club
- Bus service
- Capital Chemist Mowbray
- Church
- City Mission
- Community garden
- Community House
- Cricket
- Croquet Club
- Dance Fever
- Netball
- New Horizons
- Darts club
- Dog walking group
- Drama club
- Duke of Edinburgh (LCGS)
- English Club
- Football
- Friend's place
- Gift Guides
- Golf club
- Grammar
- Gymnastics
- Hockey Club
- Horra racing
- Japari Basketball Club
- Jockeys/Horses
- KFC
- Lavin Bowls Club
- LCGS sport teams
- Little athletics
- Mowbray Cricket Club
- Mowbray Eagles
- MRC Hall
- Music - orchestra
- Netball
- Northern Bombers Club
- Optus and Telstra
- Post office
- Park run
- Park Course
- Recycling Centre and Tip
- Red Cross
- Roller derby
- Rowing
- SCFC
- Schools
- Scouts
- She Shed
- Soccer
- Soccer at UTAS
- Sports
- Swimming
- Surf Club
- Uni Mowbray footy club
- UTAS
- Vinnies
- Youth club

Cultural Assets, Stories, Traditions, Roots and Heritage

- Aboriginal Childcare Centre
- Aboriginal dance group
- Albanian community
- Anglican school
- Asian grocer
- Australia
- Bento
- Bhutanese
- Chinese
- Coles faces
- Community lunches
- Daves Noodles
- David Boon
- Different cultures
- Dr Love Joy
- Fairs
- Family fun day
- Food
- Food shops - Indian and Chinese fusion
- Gallery, private home
- Grammar
- Harmony Days
- Hawthorn
- Heritage Park
- High level migrant community
- History brass, post war migration)
- Indian grocer
- Indonesian
- James Faulkner
- Japan
- Korean
- Launceston Cup
- Launceston Grammar - uniform history
- Migrant Centre
- Migrant community bringing fair, knowledge and skills
- Mowbray grandstand
- Mowbray Heights Primary School
- MIBC
- Museum
- Nepal people and food
- New Horizons
- Inclusion Leaders
- New Zealand
- Off season - rickshaw
- Parents n Friends at Schools
- Philippines
- Polynesian Art Gallery
- Readers theatre
- Restaurants
- Ricki Ponting
- School assembly
- School
- South Korean
- Star Theatre
- The cricket meme "Take one Cery!"
- The Gingerbread Man
- Tonga
- Visitors from other cultures
- Walkathon

Physical Assets

- AFL
- Amazing views
- Bank Club
- Basketball courts
- Bike lanes, tracks, trails
- Birdview Avenue
- (popular insta spot)
- Board walk
- Boat club
- Bridge linking LCGS and the rowing shed
- Bus stops and network
- Bush
- Nature strips
- Church
- Colas facade (pic)
- Community garden - Down St
- Cricket shield
- Dominos
- Food
- Golf club
- Greenhouse oval and pool
- Greyhound racing
- Gun club
- Gym
- Haig Street green strip
- Heritage buildings
- Heritage Forest
- Home
- Horse race track
- Hungry jacks
- Invermor road
- James Nelson Buildings
- Mountain bike trail
- Unique trees
- UTAS gym oval
- Mowbray pub
- Mowbray Sport n State
- Veggie gardens in back yards
- Walking track linking LCGS and UTAS
- Walking trails
- Zap gym
- Soccer ground
- Sports club
- Sports ovals
- Subway
- Takeaway shop
- Target complex
- Tip
- Tip shop
- Unique trees
- Veggie gardens in back yards
- Walking track linking LCGS and UTAS
- Walking trails
- Zap gym

Economic Assets

- Two driving schools
- AFL Footy
- Andy's Salvage
- Asian Market Place
- Bento
- Charity
- Child care centres
- Curries shop
- Coles
- Curvinghams
- Daves Noodles
- Dentist
- Dog Home
- Dominos
- Fast food places
- Food
- Gymb
- Hungry jacks
- James Nelson Factory
- Kebab shop
- KFC
- Launceston Cup
- Launceston Waste Centre
- Mowbray Milkbar
- Mowbray Hotel
- Mowbray Pizza Hut
- Multicultural grocers
- Newsagency
- Ob Games
- Oly shops
- PCYC
- Pharmacies/doctors
- Post office
- Red Cross
- Retail shop
- Shiploads
- Sport n State
- Sport shop
- SRC
- Subway
- Sunday market
- Take away
- Target
- Tattoo Studio
- The hotel/restaurant
- Tip shop
- Turf club
- Varnachi
- Contractors
- Vet
- Vinnies
- Washwreath
- Zap Fitness

"You don't know what you need, until you know what you've got" - Peter Kenyon

One of the eight touchstones of the ABCDE Learning Site is to host conversations to discover assets within the community and what people care about. We have compiled the assets and the community has hundreds of assets!



The Mowbray community identified their assets to utilise to make positive change, which consisted of the following categories:

- People's passions, skills, wisdom and experience
- Institutions
- Social networks
- Physical assets
- Economic assets
- Cultural assets, stories, traditions, roots, heritage

The common assets which are very important to the Mowbray community are:

- Multicultural community
- Local businesses - small and large
- Not for profit organisations
- Sport clubs and facilities
- Schools
- Open space
- Family/friends and local community
- Teachers
- Fast food/take away to eat and spend time at

Later down the track we will give out large A0 sized copies of the Mowbray Asset Map to display on your wall and continue to add assets to.

PROJECTS

A key touchstone of the Learning Site involves the community dreaming big about what they would like in Mowbray. Throughout the many workshops, people were asked to write their Big Ideas on the back of the postcards below. Below are a few ideas generated in the workshops which are an incredible resource for projects which could be started by individuals, clubs, groups or organisations in Mowbray. The projects can begin now or in years to come.

My BIG idea for our community is ...

And I could contribute to making it happen by ...

Name :
Contact phone/email :

"The best way to get great ideas is to have lots of them." (Thomas Edison)

My BIG idea for our community is ...

And I could contribute to making it happen by ...



Name :
Contact phone/email :

131 Big Ideas for Mowbray in total were discovered!

Common Ideas included:

- Improve the look and feel of Mowbray
- Create green space for all ages
- Multicultural and diverse events
- Promote and grow healthy food
- Address traffic congestion
- Build community spirit
- A food festival
- Reduce crime
- Reduce bullying
- Protect animals
- Create a clean environment
- Reduce homelessness.

Common ways to help:

- Organising
- Mentoring
- Joining a committee
- Using existing organisational resources
- Volunteering
- Fundraising
- Contribute own money
- Connect with the right people to help
- Advocate and show leadership
- Hands on involvement
- Generally being charitable
- Engage the community to make small changes

The next stage of the Learning Site involves Sarah identifying the Community Builders to lead projects and ask the three important questions:

1. What can we do?
2. What do we need outside help with?
3. What do we need outside agencies to do for us?

Community Builders are central to the operation of the ABCDE Learning Site as they shape and implement the Learning Site and its community building initiatives.

In summary, the role of the Community Builder team is to:

- Provide community wisdom and knowledge.

- Assist with asset mapping exercises that allow residents to discover the physical assets of a place and its people and groups.
- Initiate intentional learning conversations with other community members to begin discovering what people care about and are willing to join in with others to achieve positive community change.
- Help with the organisation and facilitation of community events and actions.

Community members can express an interest in supporting projects or starting their own initiatives if they didn't participate in the workshops. One of the best ways to connect to the Learning Site is to come to our first BUILDER TIME!

OPPORTUNITIES IN MOWBRAY

While Sarah is having conversations with people in Mowbray, opportunities have arisen which we would like to share with you. If you would like to include something in the next Edition please let Sarah know (details below).

Join Anglicare's Communities for Children Committee



The Northern Suburbs Community Centre in Dover Street Mowbray is hosting community conversations every third Tuesday of the month from 11.30am – 12.30pm, and you are invited.

Residents, business owners and workers who are passionate about their community and want to help generate change are welcome to join us for a cuppa and a chat. Bring your ideas, your skills and your friends, and join us for a vibrant conversation about the things we can work on together that will help create a bright future for every child and family in Mowbray/Invermay.

The next date is Tuesday 17 September from 11.30am – 12.30pm. If you'd like more information, please contact Debbie Clark at cn1@nscctas.org.au or phone 6326 6776 or 0455 310 329.

Volunteer at New Horizons

New Horizons Tasmania has been providing inclusive sport and recreational opportunities for people with disability in Launceston and surrounds since 1986. They also operate satellite volunteer branches in Wynyard, Scottsdale and Hobart.

New Horizons work in partnership with state and local government, sporting bodies, community groups, schools and a large group of volunteers to ensure all local people have the opportunity to live a dynamic, active life! They are seeking new volunteers for the following positions:

1. Basketball Coach to work with and coach a group of fantastic athletes with disability for one hour, every Saturday, morning during term time at Queechy Gym.
2. Futsal Coach to work with and coach a group of fantastic athletes with disability for one hour from 4:15pm - 5:15pm every Tuesday at Newstead College Gym.

All volunteers need to have a Working with Vulnerable people certification.

New Horizons welcome all applications for the above positions. Please email info@newhorizonstas.org.au or call the office on 03 6326 3344 for further information

Planter Boxes



Are you interested in planting food and flowers in the planter boxes along Invermay Road and Pleasant Street in Mowbray? The City of Launceston is offering the boxes to the community to grow and maintain healthy produce and beautiful blooms.

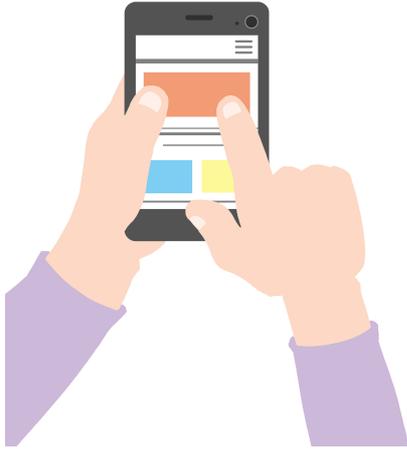
Managed by the community for the community to share and enjoy.

Interested? Contact Sarah! Details at the end of the newsletter.

My Place My Future

[My Place My Future](#), a plan for living, working and playing north of the river was launched on 26 August as part of the Launceston City Deal. To coincide with the launch, RANT Arts in Invermay has a unique photographic exhibition showcasing the people who live, work and play in the Northern Suburbs, featuring more than 80 photos by photographer Chris Crerar and represents the core focus of the Plan: Celebrating the strengths of the communities as we look to the future. The photographic exhibition will be on display at RANT Arts, 104 Invermay Rd from August 27 to September 19. The public is invited to view the collection on a Tuesday, Wednesday or Thursday from 2pm to 4pm.

Ideas? Questions? Feedback?
Get involved!



Contact

Sarah McCormack

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W: www.launceston.tas.gov.au/Community/ABCDE-Learning-Sites

THANK YOU



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GROUP OF COMPANIES

For housing our Community Connector

'Go to the people. Live among them. Learn from them. Love them. Start with what they know. Build on what they have. But of the best leaders when their task is done, the people will remark – "We have done it ourselves".'

(Lao Tzu, 530 BC, China)

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