

# Living as a Senior

in Launceston

Newsletter

Edition 19, March 2019



## Mayor's Message

Welcome to the first edition of Council's Living as a Senior in Launceston Newsletter for 2019. I hope you had a safe and happy festive season and are enjoying the year.

The year started with the City of Launceston's Music in the Park which was a very successful event held in the City Park throughout January. Local musicians performed in the Band Rotunda with 2000 people attending this free annual event. Families enjoyed the free jumping castle, and City Park Train rides for a few hours each Sunday and a free bbq on Australia Day. We had many community members comment on how much they enjoy the event and look forward to it every year.

The Qantas Australian Tourism Awards would have been presented at the First Basin Cataract Gorge by the time you read this newsletter. The national tourism awards attracted more than 800 award finalists, tourism leaders and industry stakeholders from across the country.

This will be the largest tourism event ever held in Launceston, and only the third time the event has been held outside a capital city - the previous two being Cairns and Uluru.

Big Bash League fans came from far and wide to the Council's UTAS Stadium on 31 January to enjoy the match between Hurricanes and Strikers. The following day, Festivale began in the City Park for the weekend and the venue reached its capacity of 10,000 on the Saturday. It is great to have all of these special events in our wonderful city.

The City of Launceston introduced an extension of its current free service in January, with the Tiger Bus making three daily stops to the Cataract Gorge during the busy holiday season. This increased service is on a trial basis from now through to Easter (April 20), seven days a week. After this period, Council will then evaluate the success of the trial.

Thank you for your contribution to the community and I wish you a wonderful beginning to Autumn in Launceston.

**Albert van Zetten**  
Mayor

# Celebrating Seniors Morning Tea and Information Session

Come along and have a cuppa and hear about topics relevant to older people living in Launceston.

Wednesday 8 May

Town Hall Reception Room

10am

RSVP by 18 April

Ph. 6323 3381 or

[community.development@launceston.tas.gov.au](mailto:community.development@launceston.tas.gov.au)



## COTA Meet and Greet Launceston

COTA Tasmania (Council on the Ageing) Meet & Greets are an opportunity for people to come together to hear about a variety of topics of interest to older Tasmanians. Sessions are relaxed and informal and everyone is welcome to attend.

Meetings are from 10am to 11:30am on the following dates in 2019:

Friday 3 May

Friday 5 July

Friday 6 September

Friday 1 November

All meetings are held at Maggie's Café,  
34 Paterson St, Launceston.

COTA Tasmania is the peak body representing older Tasmanians.

For more information visit [www.cotatas.org.au](http://www.cotatas.org.au)



## Be a Tourist in Your Own Backyard

If you're new to Launceston or you are hosting visitors to our wonderful city, we encourage you to drop in to the Visitor Information Centre.

The Centre is managed by the City of Launceston and is located in the iconic GPO building in the heart of the city. The friendly, knowledgeable staff at the Centre can provide tips about visiting Northern Tasmania.

In January Council set up a satellite Visitor Information Centre at the First Basin Cataract Gorge. This is a trial till Easter to meet the needs of growing numbers of visitors to our iconic attraction. Drop in when you're in the Gorge.



A new website has been officially launched for our locals and visitors to Launceston and Northern Tasmania. This is a joint initiative between the City of Launceston and Tourism Northern Tasmania. If you are stuck for things to do, be a tourist in your own backyard and visit [www.northerntasmania.com.au](http://www.northerntasmania.com.au).

Launceston Visitor Information Centre

Freecall: 1800 651 827

Email: [travelcentre@launceston.tas.gov.au](mailto:travelcentre@launceston.tas.gov.au)

68-72 Cameron Street, Launceston, Tasmania





## New Exhibition | Marjorie Bligh: Domestic Goddess

Marjorie Bligh was born Marjorie Alfreda Willis Pearsall in 1917, in Ross, Tasmania. Although somewhat less well known elsewhere, within Tasmania Marjorie Bligh is literally a household name. This industrious woman single-handedly carved a place for herself within Tasmanian domestic culture. Through a mixture of talent, self-belief, self-publicity, and determination, Marjorie was able to turn her passion for craft and domesticity into celebrity.

How did an 'ordinary' housewife from Campbell Town achieve this? Marjorie Bligh believed that housewives had a very specific role in creating and running a home. Although she could be fiercely independent, she did not hold with modern feminist ideals. For Marjorie, running a house was a serious and important calling, and one in which men had no part.

Marjorie's life was not only centred on the home. She was extremely active in the community; in show societies, the St John's Ambulance, the Country Women's Association and the Organic Gardening Society, Devonport Branch. Marjorie loved social occasions, entertaining, dancing and annual shows and she worked as a social reporter for the ABC, The Examiner and The Mercury. However, it was her writing that turned Marjorie Bligh from a housewife to a celebrity. Her first book of recipes and home hints, *Marjorie Blackwell at Home*, eventually went on to have four editions, and the title changed with each of her three marriages. She also published books on gardening, crafts, history, and an autobiography, as well as writing successful home hints columns for newspapers.

The Queen Victoria Museum and Art Gallery later became the repository for a very large collection representing, Marjorie Bligh's work, interests and passions. The Museum is in its final stages of a major new exhibition on the life and work of this Tasmanian icon which will showcase many of Marjorie's handmade items, mementos from travel, scrapbooks, personal photographs, signed editions of her books, and numerous awards. *Marjorie Bligh: Domestic Goddess* is on display at the Queen Victoria Museum from 13 April 2019 until 29 March 2020.

### Yarn Bombing for Marjorie

Marjorie was all about community and in true Marjorie spirit, QVMAG launched a community craft project to yarn bomb the Museum site in time for the exhibition.

Members of the public have donated yarn, clean plastic bags and washed stockings for use in this project. Yarn bombing participants have been making yarn bombing artistic panels at home and during yarn bombing community craft catch-ups, made possible by a TasWater Community Grant.

Visit the full installation of the Yarn Bombing for Marjorie to see colourful panels appearing across the Museum from Tuesday 26 March.



Yarn bombing is starting to appear around the Museum at Inveresk.

# Queen Victoria Museum & Art Gallery

## ON SHOW at the Art Gallery

2 Wellington Street, Launceston

To 24 March

*I hope you get this: Raquel Ormella*

16 February to 19 May

*Undercurrents*

9 March to 17 July

*I Shed My Skin, A Furneaux Islands Story* by Jane Giblin

20 April to 22 September

*The Enquiring Light* by Angela Casey

24 May to 1 September

*30 days 40 nights; Bea Maddock*

## ON SHOW at the Museum

2 Invermay Road, Invermay

To 23 April

*ArtRage 2018*

From 26 March

*Yarn Bombing for Marjorie*

13 April 2019 to 29 March 2020

*Marjorie Bligh: Domestic Goddess*

Phone 6323 3777

[www.qvmag.tas.gov.au](http://www.qvmag.tas.gov.au)

# Active and Engaged at Any Age

Launceston Leisure & Aquatic Centre offers a wide range of facilities and services and is very popular with our older citizens in the Launceston community.

Visit our heated programs pool and spa for soothing, low impact water-based exercise.

Alternatively, check out our fully equipped gym and large range of over 65 fitness classes per week, there is something for everyone.

Some of our most popular classes among seniors include Aqua Fit, Kettlebell & Mobility, Pilates, and Yoga.

Seniors receive a discount with affordable membership options.

For more information about the Centre, timetables, memberships, and accessibility, contact us today!

Ph. 6323 3636

[www.launceston.tas.gov.au/lac](http://www.launceston.tas.gov.au/lac)



## Contact Us

### Customer Service

Town Hall

18 - 28 St John Street

Launceston

Ph. 6323 3000

[contactus@launceston.tas.gov.au](mailto:contactus@launceston.tas.gov.au)

### Opening hours

Monday to Friday

8.30am to 5pm

Emergency (24 hours):

Ph. 6323 3333

### National Relay Service

The City of Launceston is National Relay Service (NRS) friendly. If you have a hearing or speech impairment, call us through the NRS and ask to be connected to phone 6323 3000. Internet relay users can visit [www.relayservice.com.au](http://www.relayservice.com.au).