This guide is designed to help you navigate your way around Launceston’s Park and Trail Network. The trails range from 500 metres to 5 kilometres in length. Nearby trails are also listed as they can be joined together.

**HOUSEKEEPING**

Some important housekeeping matters to remember while enjoying our parks and reserves:

- Parks and reserves are normally open all year round with free admission except where indicated. Please familiarise yourself with park signage before entering. There may be some restrictions on activities.
- Pedestrians and cyclists should keep left when on paths.
- Take your rubbish home when bins are not provided.
- Leave timber, twigs and leaves on the ground in bushland areas. They provide an important habitat for animals.
- Parks are for everyone to enjoy. Please consider other users.
- No smoking within 10 metres of a play space.

Due to the variety of individual ability and style of wheelchairs and prams, it is recommended that you use the gradient and surface information for each trail to determine its suitability.
DOGS IN PARKS

Be sure to familiarise yourself with signage before entering a park or reserve. There may be restrictions such as no dogs, dogs on-leash or dogs off-leash. Always carry a bag and pick up after your dog. No dogs are to be within 10 metres of a play space, barbecue area or sporting event. Dogs are excluded from areas containing significant vegetation in all reserves.

Off-leash area is provided or nearby
On-leash trail or park
No dogs are permitted
1. Cataract Gorge Reserve
2. Cataract Walk
3. Zig Zag Track
4. First Basin Loop
5. Duck Reach Trail
6. Hardwicke St Trail
7. Dalrymple St Trail
8. West Launceston Community Park
9. Trevallyn Reserve
10. Kings Park and Royal Park
11. River Edge Trail
12. West Tamar Trail
13. City Park
14. Civic Square
15. Princes Square
16. Road Safety Centre
17. Windmill Hill and the Leisure and Aquatic Centre
18. Ockerby Gardens
19. Brickfields
20. St Georges Square
21. Coronation Park
22. Esplanade Trail
23. Inveresk Precinct
24. Inveresk Trail
25. University Trail
26. Rocherlea Old Rail Trail
27. Newnham Reserve
28. Newnham Trail
29. Heritage Forest Reserve
30. Heritage Forest Trail
31. St Leonards Picnic Ground
32. Newstead Reserve
33. Ravenswood Community Park
34. Waverley Lake Reserve
35. Waverley Lake Trail
36. North Esk Trail
37. Henry Street Trail
38. Black Bridge Trail
39. North Esk Reserve
40. Charlton St Reserve
41. Glenwood Trail
42. Punchbowl Reserve
43. Punchbowl Trail
44. Kings Meadows Trail
45. Youngtown
46. Carr Villa Trail
47. Eldonhurst Trail
48. Jingers Creek Trail
49. Lilydale Falls Reserve
50. Lilydale Falls Trail
51. Merthyr Park
52. Merthyr Park Trail
53. Myrtle Park
CATARACT GORGE RESERVE & SURROUNDS

To Beaconsfield

Trevalyn

City Centre

West Launceston

Summerhill

CATARACT GORGE RESERVE & SURROUNDS
CATARACT GORGE RESERVE

Address 74 - 90 Basin Road, West Launceston
By car Basin Road, West Launceston
Walking Paterson Street, Kings Bridge

Wheelchair access to the grounds is provided via the Inclinator at the Basin Road entrance.

Topography Gentle to steeply sloping.
Basin and Cliff Ground entrance are both steep.

Trails 4km of sealed paths, over 13km of unsealed trails.
Distance is 2km from First Basin to Duck Reach.

One of Tasmania's premier tourist destinations and Launceston's favourite backyard, this reserve has an abundance of features and attractions for everyone. The Gorge, as it is affectionately known by locals, has a fascinating history; this coupled with its dramatic setting provides a unique experience for all visitors. Whether you're a walker, hiker, swimmer, sightseer, photographer or nature lover you will love what this place has to offer. Covering almost 200 hectares, the reserve is conveniently located close to the city and adjacent to the popular Trevallyn Nature Recreation Area.
CATARACT WALK

Distance 1km one way
Grade Easy – Flat or gentle incline
Surface type Sealed/boardwalk/wheelchair accessible with assistance

Linking Kings Bridge to the beautiful Victorian gardens of the historically significant Cataract Gorge Cliff Grounds, this walk runs along the cliff face providing superb views of the dolerite columns and South Esk River.

Nearby trails Zig Zag Track (3), First Basin Loop (4), West Tamar Trail (12)

ZIG ZAG TRACK

Distance 1km one way
Grade Hard – Steep and challenging
Surface type Dirt

A historic trail that links the Kings Bridge to the First Basin, with a series of zig–zags that climb high above the Cataract Gorge Reserve. Popular with runners, this trail has been described as ‘testing the lungs of travellers’, but the views from the track are well worth the effort.

Nearby trails Cataract Walk (2), First Basin Loop (4), West Tamar Trail (12)
FIRST BASIN LOOP

Distance 900m loop
Grade Easy – Flat or gentle incline
Surface type Sealed/boardwalk/gravel
This trail will enable you to discover the First Basin with the chairlift overhead, taking in views of the river, basin lawns and swimming pool.

Nearby trails Cataract Walk, (2) Zig Zag Track (3), Duck Reach Trail (5)

DUCK REACH TRAIL

Distance 2km one way
Grade Moderate – Sloping inclines
Surface type Gravel/dirt

REEDY GULLY TRACK & SNAKE GULLY TRACK

Distance 2km one way
Grade Hard – Steep and challenging
Surface type Gravel/dirt
Take the Duck Reach Trail from the First Basin to the historic Duck Reach Power Station. This trail passes the Sentinel Lookout, a place to enjoy the tranquillity of the South Esk River and serenity of the Reserve. For a greater challenge on your return journey, test your hiking skills by heading up the hill on the stairs at the Duck Reach Power Station. The stairs lead to the Reedy Gully and Snake Gully Tracks which link to the Trevallyn Nature Reserve tracks.

Nearby trails Cataract Walk (2), First Basin Loop (4), Hardwicke Street Trail (6), Dalrymple Street Trail (7)
HARDWICKE STREET TRAIL

Distance  2.2km one way
Grade     Moderate – Sloping incline
Surface type  Gravel/dirt

A trail through the beautiful, leafy surroundings of the Hardwicke Street Reserve that links West Launceston to the Duck Reach Power Station.

Nearby trails  Duck Reach Trail (5), Dalrymple Street Trail (7)

DALRYMPLE STREET TRAIL

Distance  2km one way
Grade     Hard – Steep and challenging
Surface type  Dirt

This trail rewards walkers with a breathtaking view of the South Esk River and open grasslands.

Nearby trails  Duck Reach Trail (5), Hardwicke Street Trail (6)
TREVALLYN RESERVE

Address  
Trevallyn Road, Trevallyn

Topography  
Moderately sloping - pedestrian access, moderate grade, paved viewing area.

A beautiful treed park offering views of the Tamar River and city from the Trevallyn hill face. A relaxing setting for a family picnic under century old trees in one of the city’s oldest suburbs. This community park features a network of paths, bandstand and a traditional play space.

WEST LAUNCESTON COMMUNITY PARK

Address  
50 - 58 Stanley Street, Summerhill

Topography  
Flat to moderately sloping - network of trails.

A community park with a large recreation area, play space and basketball pad.
KINGS PARK AND ROYAL PARK

Address 78 Paterson Street, Launceston

Topography Flat to gently sloping. Extensive sealed path and boardwalk network. Distance 1.4kms from Kings Bridge to Charles Street Bridge.

Adjacent to the Tamar River, these parks are Launceston’s most popular riverside destination. Featuring an abundance of boardwalks and paths these parks are popular with walkers and cyclists. To keep you even fitter, other attractions include a skate park, play space and outdoor gym. History lovers will also enjoy these parks. Royal Park was the site for Launceston’s first military barracks. The parks are conveniently located to access other nearby attractions including the Queen Victoria Art Gallery, the Seaport and the Cataract Gorge Reserve.

Nearby trails Cataract Walk (2), Zig Zag Track (3), River Edge Trail (11), West Tamar Trail (12)
RIVER EDGE TRAIL

Distance 2.2km

Grade Easy – Flat or gentle incline

Surface type Sealed/boardwalk

A trail with spectacular views of the Tamar River and one of Launceston’s most popular trails for walking and bike riding. This trail connects the Cataract Gorge Reserve to the Seaport.

Nearby trails Cataract Walk (2), Zig Zag Track (3), West Tamar Trail (12), Esplanade Trail (22), University Trail (25)

WEST TAMAR TRAIL

Distance 2km one way

Grade Easy – Flat or gentle incline

Surface type Sealed/boardwalk/gravel

Connecting the West Tamar area to the city and the Cataract Gorge Reserve, this trail is popular with everyone – families, exercisers, commuters and nature lovers, linking Tailrace Park to Kings Bridge.

Nearby trails Cataract Walk (2), Zig Zag Track (3)
CITY PARK

**Address**  45 - 55 Tamar Street, Launceston

**Topography**  Flat to moderate sloping
- network of sealed paths.

Rated as one of the top ten parks in Australia, this park appeals to history lovers with its fine old buildings and magnificent trees dating back to the 19th century. Very popular with both tourists and locals, the park features the well-known Macaque monkeys, the John Hart Conservatory, a great children’s play space and the Albert Hall. A short stroll from the city, the park is a great destination for a picnic or just to relax in the beautiful gardenesque setting. City Park is also famous for hosting Tasmania’s premier food, wine and entertainment event, Festivale.
The Macaque monkey enclosure is open from 8.00am to 4.00pm (April – September) and 8.00am to 4.30pm (October – March).

The John Hart Conservatory is open weekdays 8.30am to 4.30pm and weekends 9.00am to 4.30pm (April – September) and 9.00am to 5.30pm (October – March).
CIVIC SQUARE

Address Cameron Street between Charles/St and John Streets

Topography Flat - extensive paved area.

The square has many features including the Denham Henty Waterscape, sculptures by Stephen Walker – Rain Forest and Tasmanian Tableau, fountain – Water Jets by Mirek Marik and a special Japanese Garden which was a gift to the city from Ikeda, Launceston’s Sister City. The garden represents a world in miniature, the principle of Japanese landscape.
PRINCES SQUARE

Address  28A Frederick Street, Launceston
Topography  Flat to gently sloping - network of sealed paths.

Originally a brickfield and site of past military drills, rowdy political meetings and hangings. Now a historic park that includes mature trees, many planted by royalty, fountain and statue of Dr William Russ Pugh, the first to use general anaesthetic in the Southern Hemisphere for surgical operation.
ROAD SAFETY CENTRE

**Address** 47 - 67 Lawrence Vale Road, South Launceston

**Topography** Flat inside, access via ramp or lift, 240m sealed bike track.

An old city reservoir from 1894 transformed into a bike centre which is very popular for children’s parties and barbecues.

Bookings are essential. Charges apply for the hire of the centre. For more information, please call 03 6323 3000.
WINDMILL HILL
AND THE LEISURE AND AQUATIC CENTRE

Address 18A High Street, East Launceston

Topography Flat to moderately sloping - network of sealed paths and paved areas.

A historic park and site of a past semaphore station, early football matches and World War II memorials. Now a regional park with mature trees and great views of the city. The site is also home to the Leisure and Aquatic Centre. Built in 2009, the Leisure and Aquatic Centre, is a state of the art public facility that boasts eight water spaces including: an eight lane indoor competition pool, interactive water play, indoor and outdoor leisure pools, a cafe and gymnasium. Entry fees apply.
OCKERBY GARDENS

Address  Howick, Launceston

Topography  Gently to moderately sloping - slope of 1:8 from Howick Street - small network of sealed paths.

A community park which from 1841 to 1925 was the city’s general cemetery. In 1930 a fire destroyed some headstones and the building in which the records were kept. Volunteers recorded all legible headstones, which were later moved to Carr Villa Memorial Park. Now a recreational park featuring mature trees and a play space.

BRICKFIELDS RESERVE

Address  55A Frederick Street, Launceston

Topography  Flat - network of sealed paths.

Formerly one of many brickfields found in Launceston. A leafy oasis on the CBD fringe, Brickfields is a traditional square park popular with the locals for picnics, relaxing and exercise.
ST GEORGE'S SQUARE

Address: High Street, East Launceston

Topography: Flat to gently sloping - network of sealed paths.

A community park featuring established mature trees with an open play and picnic area in a historic precinct.
ESPLANADE TRAIL

Distance  500m one way
Grade    Easy – Flat or gentle incline
Surface type  Sealed

A short trail alongside the North Esk River. It is often used for lunchtime walks between the Tamar Street and Charles Street bridges.

Nearby trails  River Edge Trail (11), Inveresk Trail (24), University Trail (25)
INVERESK PRECINCT

Address  2 Invermay Road, Invermay

Topography  Flat

Once the state’s largest industrial site, it is now the cultural heart of the city featuring the Queen Victoria Museum, the Academy of the Arts and Aurora Stadium. For locals or visitors alike, the Inveresk Precinct is the perfect place to wile away an afternoon taking in the Museum’s renowned collections, lunching in their charming cafe, walking the boardwalk or even catching a game of Aussie Rules.
INVERESK TRAIL

Distance  2.8km one way
Grade  Easy – Flat or gentle incline
Surface type  Gravel/boardwalk

An ideal family trail by the North Esk River, running along the top of the flood levee from the Tamar Street Bridge to Remount Road. This trail links to Heritage Forest.

Nearby trails  Esplanade Trail (22), Heritage Forest Trail (30), Black Bridge Trail (38)
UNIVERSITY TRAIL

Distance 3.9km one way
Grade Moderate – Sloping incline/s
Surface type Sealed

Popular with commuters, this trail starts at Royal Park and continues through to the University of Tasmania, Newnham Campus.

Nearby trails River Edge Trail (11), Esplanade Trail (22)

ROCHERLEA OLD RAIL TRAIL

Distance 3.2km one way
Grade Moderate – Sloping incline/s
Surface type Sealed

Connecting Rocherlea to Dover Village, this trail runs along an old railway track behind the Mowbray Golf Course.
NEWNHAM RESERVE

Address 2 Bishops Drive, Newnham

Topography Flat to gently sloping.

A fantastic community park that offers an extensive trail network and play spaces catering for all ages, from toddlers through to teenagers. Large grassed areas, mature trees and fantastic views of the Tamar River and surrounds make this reserve an ideal picnic and recreation destination in the city’s northern suburbs.

NEWNHAM TRAIL

Distance 1.2km one way (multi-use trail)

Grade Easy – Flat or gentle incline/s

Surface type Sealed/gravel

A trail network through the centre of Newnham Reserve, with views of the Tamar River and surrounds.
HERITAGE FOREST

Address  Conway Street, Mowbray

Topography  Flat

A family park on the city’s doorstep that has undergone a major transformation from the city’s tip 25 years ago into a recreational paradise today. Visitors can enjoy over 5km of recreational trails suitable for cycling, running and walking. There are picnic and barbeque facilities, outdoor exercise equipment, reflexology path, off-leash dog exercise area, beginners bike track, native plant garden and one of the city’s best play spaces that includes a 40m long flying fox and large sculptural thylacine. Heritage Forest is located next to the Churchill Park Sports Complex.
HERITAGE FOREST TRAIL

Distance  2.9km outer loop (multi-use trail)
Grade  Easy – Flat or gentle incline/s
Surface type  Gravel

One of many trails in leafy surrounds, this outer loop of the forest is ideal for a family walk or bike ride.

Nearby trails  Inveresk Trail (24)
ST LEONARDS PICNIC GROUND

Address 77 - 79 Station Road, St Leonards

Topography Flat - small network of paths.

A regional park on the North Esk River with picnic and riverside recreation area, including an off-leash dog exercise area. Fishing licence required.
NEWSTEAD RESERVE

Address  
21 - 31 Strahan Road, Newstead

Topography  
Flat to gently sloping - small path network in play space area.

A community park with a play space, cricket pitch, basketball pad and open space area suitable for recreational activities.

RAVENSWOOD COMMUNITY PARK

Address  
6 Prossers Forest Road, Ravenswood

Topography  
Flat - sealed path network.

A popular community park featuring play areas including a basketball pad and play space. There is a skate park some 100 metres away in Prossers Forest Road Park.
WAVERLEY LAKE RESERVE

Address 6 Naroo Street, Waverley

Topography Flat to gently sloping.

A large community park with a picturesque lakeside setting. Enjoy an easy stroll around the lake and along the creek. Pack a picnic and let the kids try their hand at fishing in the city’s only dedicated junior fishing area, or just sit and enjoy the tranquillity that this beautiful park has to offer.

WAVERLEY LAKE TRAIL

Distance 1km entire trail

Grade Easy — Flat or gentle incline

Surface type Dirt/gravel/boardwalk

An easy stroll around the lake and along the creek in a quiet rural setting.
HENRY STREET TRAIL

Distance 1.5km one way
Grade Moderate – Sloping incline
Surface type Sealed/boardwalk/gravel
With beautiful views of Launceston, this trail connects the suburb of Ravenswood to the city.

Nearby trails North Esk Trail (36), Black Bridge Trail (38)

BLACK BRIDGE TRAIL

Distance 1km one way
Grade Easy – Flat or gentle incline
Surface type Sealed/boardwalk
This trail connects the Queen Victoria Museum at Inveresk to the Henry Street trail via the Black Bridge.

Nearby trails Inveresk Trail (24), North Esk Trail (36), Henry Street Trail (37)
NORTH ESK RESERVE

Address 37-39 Hoblers Bridge Road, Newstead

Topography Flat - extensive network of walking trails and boardwalk - 2.2km from Hoblers Bridge to Henry Street.

Set in native bushland and wetlands on the North Esk River, the reserve includes an extensive trail network. There are three significant walks instigated by the Ribbon of Blue project. Interpretation in the reserve will guide you on your walks. The memorial stone (15 August 1995) commemorates 50 years since the end of World War II.
CHARLTON STREET RESERVE

Address  
30 Charlton Street, Norwood

Topography  
Flat to moderately sloping - over 1km of walking trails.

A community park with a large open play area – including a basketball pad, practice cricket wicket and play space.

GLENWOOD TRAIL

Distance  
2.5km one way

Grade  
Easy – Flat or gentle incline/s

Surface type  
Gravel/dirt

This trail connects the Youngtown Regional Park with the area of Relbia. Designed originally as a horse trail, it runs through open space and then alongside Glenwood Road. Horse riders are encouraged to use this trail.

Nearby trails  
Youngtown Regional Park Trail (45)
An oasis in the middle of Launceston’s southern suburbs, this reserve features a delightful park area in a bushland setting. One of Launceston’s favourite barbecue and picnic destinations, the reserve also offers a popular children’s play space, bushland walking trails and a duck pond. In spring the rhododendron displays are a feature of this gorgeous reserve.
PUNCHBOWL TRAIL

Distance 1.2km one way
Grade Moderate – Sloping incline
Surface type Sealed/gravel

This trail connects the Kings Meadows Trail with Leith Street to provide a multi-use commuter link. Another option is to walk the loop trail through the beautiful native bushland. Other trails in the Punchbowl Reserve are informal tracks to be used with caution.

Nearby trails Kings Meadows Trail (44)

KINGS MEADOWS TRAIL

Distance 900m One Way
Grade Easy – Flat or Gentle Incline
Surface Type Sealed/gravel

Starting behind the Kings Meadows Hotel on Hobart Road, this trail leads to the Punchbowl Reserve.

Nearby Trail: Punchbowl Trail (43)

YOUNGTOWN TRAIL

Distance 2km one way
Grade Moderate – Sloping incline
Surface type Gravel/dirt

A network of trails through native grasslands and eucalypt forests commonly used by mountain bikers and dog walkers. Horse riders are encouraged to use this trail.

Nearby trail: Glenwood Trail (41)
CARR VILLA TRAIL
Distance 3.1km loop
Grade Moderate – Sloping incline
Surface type Sealed

This trail creates a loop around the exterior of the Carr Villa Memorial Park and is a perfect distance for a walk or quick jog.

Nearby trail: Kings Meadows Trail (44)

ELDONHURST TRAIL
Distance 400m one way
Grade Easy – Flat or gentle incline
Surface type Gravel

This trail connects the Punchbowl Reserve to Penquite Road

Nearby trail: Punchbowl Trail (43)

JINGLERS CREEK TRAIL
Distance 600m entire trail
Grade Moderate – Sloping incline
Surface type Gravel/sealed

This trail connects Jingers Drive to the nearby Youngtown Reserve and the Youngtown Trail

Nearby trail: Youngtown Trail (45)
LILYDALE FALLS RESERVE

Address 228 Golconda Road, Lilydale

Topography Gentle to steeply sloping.

For over a century, one of the region’s most popular picnic destinations, the Falls, as it is affectionately known by the locals features overnight self-contained camping, a play space, sheltered barbecues, short walks and the beautiful Lilydale Falls, cascading through a lush rainforest gully. Come for a day or overnight stay - you’ll be delighted with this gorgeous park just a short drive from Lilydale.
LILYDALE FALLS TRAIL

Distance 500m one way

Grade Moderate – Sloping incline/s

Surface type Gravel/dirt

Walk through beautiful rainforest to reach the picturesque Lilydale Falls.
MERTHYR PARK

Address 200 Second River Road, Lilydale

Topography Gentle to steeply sloping

A large bushland park with walking trails along Second River. At Merthyr Park you can see an example of bush regeneration, bringing back the bush by removing weeds such as willow and canary bloom and replanting a range of local native trees, shrubs and grasses.

MERTHYR PARK TRAIL

Distance 2.6km loop

Grade Moderate – Sloping incline/s

Surface type Gravel/boardwalk/dirt

A drive from the city through Lilydale takes you to the beautiful Merthyr Park. This trail meanders through native bushland and down to Second River.
**MYRTLE PARK**

**Address**  
38250 Tasman Highway, Targa

**Topography**  
Flat large open grassy area throughout park.

This large regional park, situated on the St Patricks River, is a great place for family get togethers or camping trips. The park has many recreational features including a tennis court, play space and cricket pitch. Camping fees apply. Fishing licence required.
SPORTING FACILITIES

The City of Launceston has a number of facilities for netball, basketball, tennis, squash, hockey, cycling, soccer and badminton and a state-of-the-art football ground.

**Aurora Stadium**
6a Invermay Road, Launceston  T 03 6323 3383

**First Basin Pool**
Cataract Gorge Reserve  T 03 6323 3000

**Churchill Park Sports Complex**
Churchill Park Drive, Invermay  T 03 6323 3000

**Hoblers Bridge Netball Centre**
Hoblers Bridge Road, Newstead  T 03 6334 2099

**Lilydale District Swimming Pool**
Main Road, Lilydale  T 03 6395 1368

**NTCA Sportsgrounds**
55 Racecourse Crescent, Launceston  T 03 6331 4593

**Launceston Regional Tennis Centre**
55 Racecourse Crescent, Launceston  T 03 6108 8290

**Rocherlea Recreation Ground**
Archer Street, Rocherlea  T 03 6323 3000

**Royal Park Sports Fields and Regatta Lawns**
Royal Park, Launceston  T 03 6323 3000

**Youngtown Memorial Park**
21 Highgate Street, Youngtown  T 03 6323 3000

**St Leonards Sports Centre**
240 St Leonards Road, Launceston

**Northern Hockey Centre**
T 03 63 394994 M 0409 506 835

**St Leonards Athletics Centre**
Bookings nacb.org.au
**PONTOONS & JETTIES**

**Windermere Pontoon and Boat Ramp**
435 Windermere Road, Windermere (next to St Mathias Church).

The pontoon is suitable for recreational fishing and boat embarking/disembarking. There is a concrete boat ramp located adjacent to the pontoon suitable for launching small to mid-sized recreational vehicles.

**Home Point Pontoons**
Home Point Parade, Launceston

Managed on behalf of the City of Launceston by Tamar River Cruises. For more information please call 03 6334 9900.

**Royal Park Boat Ramp and Rowing Ramp**
Park Street, Launceston

The concrete boat ramp is suitable for launching small to mid-sized recreational vessels. Two parking spots are available that can accommodate an average-sized car and boat trailer. Parking fees may be applicable.

The rowing ramp is suitable only for launching rowing shells and kayaks. Used mainly for rowing regattas. It is a concrete structure.

Note: Both facilities are only suitable for use between mid and high tide. Boats can’t be launched or retrieved during low tide periods.
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