

# Living as a Senior

in Launceston

Edition 9

June 2016



## Celebrating Seniors in Launceston Morning Tea and Information Session

The City of Launceston hosted the first 2016 Celebrating Seniors Morning Tea and Information Session in April in the Town Hall Reception Room. Guests enjoyed the event, especially the pilates chair demonstration by Aileen from the Launceston Aquatic.

The next Morning Tea and Information Session will be held on

**Thursday July 7**

**10am–11.30am**

**Town Hall Reception Room**

Come along and enjoy a cuppa and hear about what Council offers senior in our community.

To **register your attendance**, phone Sarah McCormack on 6323 3381 or email [sarah.mccormack@launceston.tas.gov.au](mailto:sarah.mccormack@launceston.tas.gov.au) by Monday July 4. Places are limited.

## Community Grants Program

Round 2 2016/17

The City of Launceston Community Grants Program provides assistance to community organisations for projects/activities and individuals/teams/groups for sporting, academic or cultural endeavours.

On-line applications will open 1 July 2016 (closing 31 August 2016) for organisations and individuals/teams/groups for Round 2 2016/17.

For more information and to apply please visit [www.launceston.tas.gov.au](http://www.launceston.tas.gov.au) and click on the Services section or contact Eve Gibbons - Grants & Sponsorship Officer on 6323 3217 or email [Eve.Gibbons@launceston.tas.gov.au](mailto:Eve.Gibbons@launceston.tas.gov.au)



## Mayor's Message

The colder months are on their way, but there is plenty of excitement for Launceston over winter to keep the chill at bay.

As we reach completion of the first stage of the Quadrant Mall redevelopment, this major infrastructure renewal project is ahead of schedule.

Already parts of the Quadrant Mall have been re-opened and it's been great to hear so many positive remarks from the general public on the facelift we've given this important retail and dining area.

When the project is complete, we will have laid more than 12,000 pavers, installed new lighting and street furniture and ensured the Quadrant Mall is of an extremely high standard for many years to come.

There are a range of events over winter including Winterlicious and the Festival of Voices, which is now in its second year in Launceston.

I encourage you to get out and about and enjoy everything the city has to offer over the colder months, whether it's our fantastic markets, AFL at Aurora Stadium, dining out with friends, walking in our parks and reserves, or attending the fantastic events we have on the calendar.

**Albert van Zetten**  
Mayor



## Basin Cottage and Gallery

The newly refurbished 90 year-old Basin Cottage is nestled in the banks of the Cataract Gorge Reserve. Many families who took care of the grounds lived in the cottage that was built in 1925. We are currently looking for more information on the families who have lived here - if you know anyone we'd love to update our records.

For the past nine years a group of dedicated volunteers has opened the cottage daily to visitors for tourist information. The Cottage also has a great gallery space. We are located on the West Launceston side of the Cataract Gorge just behind the main chairlift station.

### Gorgeous Walks and Talks

Our monthly walks and talks take place from the Basin Cottage on the first Wednesday of the month. Our guest speakers share their knowledge with us about specific parts of the Cataract Gorge Reserve. The cost is \$4 and bookings are essential.

### Volunteering in our Parks

Are you looking for a volunteering role that allows you to work in your neighbourhood park? Do you love meeting people? Are you passionate about the outdoors? Are you an approachable, reliable team member who has time to give to one of our parks? We currently have volunteer programs running in the Cataract Gorge Reserve, Machens Reserve (Kings Meadows), Punchbowl and Trevallyn Nature Reserve. There may be more opportunities near to you in other places.

For more information please contact Parks and Recreation:  
03 63233 610. [Basin.Cottage@launceston.tas.gov.au](mailto:Basin.Cottage@launceston.tas.gov.au)





## Queen Victoria Museum and Art Gallery Celebrates 125 Years

Herbert Hedley Scott may not have established Launceston's Queen Victoria Museum and Art Gallery (QVMAG), but consensus through the decades indicates that it was his enthusiastic effort and fascination for natural history that built this cultural institution into one of regional Australia's finest icons.

Scott's contribution combined with that of all other curators and directors is being recognised as QVMAG celebrates 125 years!

*The World Inside: 125 years of the Queen Victoria Museum and Art Gallery* features significant collection items including a Samurai helmet that appeared in the Museum's first display, iconic 19th century animal taxidermy, and ancient collections including the head of an Egyptian mummy.

Artist and researcher, Dr Mary Scott, a descendent of HH Scott has created new artworks for display and says the opportunity to connect with her ancestor in this way is a humbling experience.

"In making the drawings I was drawn back to imagine the museum as it was - crowded, dimly lit and densely layered," says Dr Scott. "His keen eye for nature and dedication to inspiring others in its workings was really extraordinary."

*The World Inside: 125 years of the Queen Victoria Museum and Art Gallery*, is on show at the Art Gallery until 23 October 2016.

## Pets and Animals in Emergencies

When disaster strikes and people have to evacuate in a hurry and leave animals behind, this causes a great deal of distress and anguish to owners. Evacuating your pets and animals EARLY to a place of safety offers both them and you the best chance of protection and safety. It may not be possible for you to take your animals to a temporary evacuation centre - plan ahead and be prepared!

It's important that everyone with pets and animals have a basic plan in place to protect them during an emergency. **PET PAL** is an initiative about identifying a friend or relative where you could take your pet during an emergency situation. Talk to your **PET PAL** about your evacuation plans - will you stay or go? Show them where you keep your pet's emergency kit. Identify specific locations away from your immediate area where you can meet in an emergency. For more information visit <http://www.launceston.tas.gov.au/lcc/index.php?c=717&langID=1>

## Launceston City Heart - Quadrant Mall

The redevelopment of Quadrant Mall is well underway. The underground infrastructure has been upgraded between The Avenue and Claytons Lane and the paving of that area is well underway. The other half of the Quadrant Mall is now having the underground infrastructure upgraded and will be ready to start paving very shortly. It's an incredibly busy place at the moment. The tree surrounds are completed, new trees planted and old trees returned to the area. Street lights have been installed and will be tested later this week.

The Quadrant Mall should be completely upgraded by the end of July, and ready for the spring and summer trading. If you follow this link, you can have a look at some great YouTube videos and read all about the projects proposed for the redevelopment of the CBD <http://www.launceston.tas.gov.au/lcc/index.php#> If you would prefer to talk to someone, please call council's Customer Service Centre on 6323 3000 and they will redirect you.



## Your Museum and Art Gallery

The Queen Victoria Museum and Art Gallery:  
Museum, 2 Invermay Road, Inveresk  
Art Gallery, 2 Wellington Street, Launceston

### ON SHOW at the Museum

The Great War 1914-18: Sacrifice and Shadows  
Until 13 August 2017

The Quiet Achievers: Celebrating 80 years of  
the Country Women's Association in Tasmania  
Presented by The CWA in Tasmania  
Until 17 July

### ON SHOW at the Art Gallery

William Kentridge: Drawn from Africa  
Presented by The National Gallery of Australia  
Until 26 June

Community Collectors: Mark Davis and Simon  
Wood - Thunderbirds Fever!  
Until 31 July

The **City of Launceston Facebook** is full of interesting  
news about our city. Visit us at  
[www.facebook.com/CityofLauncestonOfficial/](http://www.facebook.com/CityofLauncestonOfficial/)

## Launceston Leisure and Aquatic Centre

At LAfit, the Leisure and Aquatic Centre's gym, we are proud to provide a clean, comfortable and supportive environment for all of our members and guests. With plenty of group fitness classes, a fully equipped weights/cardio room and the opportunity to 'swim' and 'gym' in one location, we are confident there's an option to suit you. contact us on 6323 3636 or email [info@launcestonaquatic.com.au](mailto:info@launcestonaquatic.com.au)

### Never miss another Collection Day!



#### You get:

- A personalised collection schedule
- Custom pickup reminders
- A "What Goes Where?" search tool
- And more!

Download the **Recycle Coach™** app  
Search "Recycle Coach"

## Contact Us

**Customer Service Centre**  
Town Hall  
18 -28 St John Street  
LAUNCESTON TAS 7250

**Postal Address**  
PO Box 396  
LAUNCESTON TAS 7250

**Opening hours**  
Monday to Friday  
8.30am to 5.00pm  
03 6323 3000

**After hours and emergencies**  
Emergency (24 hours)  
03 6323 3333

### National Relay Service

The City of Launceston is National Relay Service friendly. If you have a hearing or speech impairment, you can call us through the NRS and ask to be connected to 03 6323 3000. Internet relay users can visit [www.relayservice.com.au](http://www.relayservice.com.au)

# What's On In Launceston

## June to August 2016

Some of the events listed are ticketed events or require an entry fee.  
Please visit the event websites for ticket prices, entry fees and further information.  
Destination Launceston website is also very helpful for information  
[www.destinationlaunceston.com.au](http://www.destinationlaunceston.com.au)

June 2016		
<b>Forever Diamond</b> Saturday 11 June Princess Theatre, Launceston 03 6323 3666	<b>B &amp; E Launceston Ten</b> Sunday 12 June St.John Street, Launceston 03 6331 2275	<b>Apia Good Times Tour</b> Friday 17 June Princess Theatre, Launceston 03 6323 3666
<b>The Rock Show Oz Edition</b> Saturday 18 June Princess Theatre, Launceston 03 6323 3666	<b>St Cecilia School of Music's</b> Warm Winter Concert Saturday 18 June City Baptist Church, Launceston 1300 858 499	<b>40 YEARS: 40 DESIGNERS</b> Until 21 June Design Tasmania 03 6331 5506
<b>Great Chef Series - Mark Best</b> Friday 24 June TasTAFE Launceston 1300 655 307	<b>Mister Maker</b> Sunday 26 June Princess Theatre, Launceston 03 6323 3666	<b>AFL Hawthorn v Gold Coast</b> Sunday 26 June Aurora Stadium, York Park, Launceston 03 6323 3666
<b>The Peasant Prince</b> Tuesday 28 - Wednesday 29 June Earl Arts Centre, Launceston 03 6323 3666	<b>Melbourne International Comedy Festival Roadshow</b> Wednesday 29 June Princess Theatre, Launceston 03 6323 3666	<b>Festival of Voices - Launceston</b> Thursday 30 June - Sunday 17 July Various locations 03 6224 5975



## July 2016

<b>Living in Launceston as a Senior Morning Tea and Info Session</b> Thursday 7 July Town Hall Reception Room 03 6323 3381	<b>Legends of Revue</b> Wednesday 13 - Saturday 16 July Earl Arts centre 03 6323 3666	<b>Buddy - The Buddy Holly Show</b> Friday 22 - Saturday 30 July Princess Theatre, Launceston 03 6323 3666
<b>Women in Design 2016</b> Friday 22 - Sunday 24 July Design Tasmania 0405 904 143	<b>Egg (Terrapin Puppet Theatre and MTC)</b> Friday 22 - Saturday 23 July Earl Arts Centre, Launceston 03 6323 3666	<b>Great Chef Series - Tetsuya Wakuda</b> Friday 29 July TasTAFE Launceston 1300 655 307
<b>AFL Hawthorn v Carlton</b> Friday 29 July Aurora Stadium, York Park, Launceston 03 6323 3666	<b>Tamar Peace Festival</b> Friday 29 - Sunday 31 July Various locations in Launceston 0467 529 285	<b>Lars Vogt's Mozart Masterpiece</b> Saturday 30 July Albert Hall, Launceston 03 6323 3666

## August 2016

<b>NRM North - Ben Lomond Descent</b> Sunday 7 August 0411 862 748	<b>Black Diamond Dinner</b> Sunday 7 August St John's Anglican Church, Launceston 0400 642 794	<b>Soweto Gospel Choir</b> Wednesday 10 August Princess Theatre, Launceston 03 6323 3666
<b>"What's On In" 2016 Tasmanian Open DanceSport Championships</b> Saturday 13 August Launceston Silverdome 03 6344 9988	<b>Disney's The Little Mermaid</b> Thursday 18 - Saturday 20 August Princess Theatre, Launceston 03 6323 3666	<b>Rock of Ages</b> Wednesday 31 August - Saturday 3 September Princess Theatre, Launceston 03 6323 3666

## Markets

**Harvest Launceston Farmers' Market**  
Car Park, 71 Cimitiere Street, Launceston  
Every Saturday, 8:30am to 12:30pm  
[www.harvestmarket.org.au](http://www.harvestmarket.org.au)

**Lilydale Village Market**  
Memorial Hall, Main Road, Lilydale  
Second Sunday of the month 10am to 2pm  
[www.lilydalevillagemarkettas.blogspot.com.au](http://www.lilydalevillagemarkettas.blogspot.com.au)

**Boardmills Avalon Market**  
Avalon Arts & Function Centre, Newstead  
Every Saturday, 9am to 2pm  
[www.boardmillsmarket.com.au](http://www.boardmillsmarket.com.au)

**Niche Market Bazaar**  
Albert Hall, Launceston  
1300 278 445

**Launceston Esk Market**  
Launceston Showgrounds, Forster Street  
Every Sunday, 9am - 2pm  
03 6331 6044