

SAPOS YU WARI LONG WANPELA LAIN:



TOK PISIN | TOK PISIN



Askim
“yu orait?”



“Mi lukim sampela senis i kamap long yu insait long dispela hap taim, bai yu laik long toktok long dispela?”



Opim tingting
na harim



“Sapos yu laik toktok moa, mi stap long hia long harim yu?”



Traim mekim em
bai pilim orait
long toktok



“Yu bin toktok wantaim wanpela dokta o ol wok lain bilong haus sik pisinis?”



Askim ol askim
bihanim bekim
blo em



“Long las taim mitupla bin toktok kam inap nau, ol samting i senis o kamap orait? na “Yu nidim moa halivim?”

24 AWA HALIVIM NAMBA LONG TAIM BILONG HEVI O BAGARAP



TOK PISIN | TOK PISIN

Lifeline..... 13 11 14

Singaut go bek taim wanpela
laik bagarapim em yet 1300 659 467

Halivim bilong ol pikinini..... 1800 551 800



City of
LAUNCESTON

Dispela toksave i kamap wantaim sapot bilong Primary Health Tasmania (Tasmania PHN) olsem wanpela hap bilong Tasmanian Suicide Prevention Trial na aninit long Primeri Helt Progam bilong Austrelia Gavman.