



Burial or Cremation - How Do You Decide?

By Eve Gibbons, Business Leader, (Cemetery Manager) Carr Villa Memorial Park

One of the most common questions I am asked is, "How do we decide between burial and cremation?"

The truth is, there is no single right answer. There is only the answer that feels right for you and your family.

Some people feel strongly about burial. They value the tradition, the permanence, and having a defined place that future generations can visit. For others, cremation feels simpler, more flexible, or more aligned with their personal beliefs. Increasingly, families are also thinking about environmental considerations, cost, and long-term maintenance.

Over the years, both as a former Funeral Director and now as Cemetery Manager, I have seen how meaningful it is when that choice has already been discussed. When families know, without hesitation, "This is what Mum wanted," it removes doubt at a time when emotions are already heightened.

When there has been no conversation, the decision can feel heavier. People worry about making the "wrong" choice. They second-guess themselves. And that uncertainty can linger long after the service has ended.

Choosing between burial and cremation is not just a practical decision. It is a personal one. It reflects values, beliefs, and how we wish to be remembered.

If you are unsure, start with a simple question: What would feel most like me?

And then, just as importantly, share that answer with the people who matter most.

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